

Second Sunday Health Series

October 8, 2023

Presented by Choose Healthy Life and Colesville United Methodist Church

11:30 A.M. immediately following service

Topic: Mental Health and Stress Management

Presenter: Kathryn Kelly, MD

Dr. Kathryn Kelly is a Board-Certified Internal Medicine Physician and the Owner and President of Kelly Collaborative Medicine, a Primary Care Practice in Silver Spring, MD. Dr. Kelly received a Bachelor of Science in Biology and Bachelor of Arts in Anthropology in 2001 from Howard University and received her Medical Degree from Howard University College of Medicine in 2007. Dr. Kelly completed her Residency in Internal Medicine at the Georgetown University Hospital/Washington Hospital Center Residency Program in Washington, DC.

Join us for this 3<sup>rd</sup> Second Sunday Health Series. Please invite your friends, family and neighbors to join us. Refreshments will be served.