

Colesville United Methodist Church (CUMC) FOOD PANTRY

CUMC's Outreach and Missions Ministry (O&M) is to help alleviate the food disparity in our community and encourage relationships among the food pantry participants, volunteers, partners, and the Church. Through our efforts to fill the stomachs of many, we are praying that hearts will be touched by the love of Christ.

We are here to Help...

Where: Colesville United Methodist Church 52 Randolph Rd., Silver Spring Md. 20904

When: 3rd Thursday of the month from 3:30 p.m. - 5:00 p.m.

Type of Distribution: Prepacked bags for pick up via drive-thru only

Eligibility: Any household in need of food is eligible. No appointment or referral needed.

What's in the bag: A typical bag has canned beans, diced tomatoes, canned fruit, dry beans, rice, pasta, pasta sauce, tuna, and cereal. Bags may sometimes include powdered milk and corn. The exact mix of food varies from month to month depending on what food is available.

*Additional resources: In need of food in between our contributions? Check the following resources for information about other food distributions in Montgomery County. Please call ahead to verify distribution information

<u>*Montgomery County Food Council Resource Map</u>

The Montgomery County Food Council's Online Food Assistance Resource Directory lists more than 100 food assistance sites in the County.

- <u>*Montgomery County Food Resources webpage</u> Provides a calendar of food distribution events as well as other information about food assistance. Click on link below: <u>https://mocofoodcouncil.org/map/</u> click on Food Assistance Resource Map
- <u>*Manna food center</u> Manna's shared efforts of community, civic and faith is a centralized food bank for Montgomery County. Click on link below:

https://www.mannafood.org/ click on "get food"

Support the CUMC Pantry

Volunteer: Contact a CUMC Food Pantry O&M committee member, by emailing <u>foodpantry@cumc.org</u> if you are interested in volunteering at the food pantry. Students are welcome.

Donate Food: Donations of shelf stable food can be donated at any time using the box located in the Narthex. For perishable items, large donations, or anything that may be unusual, please contact us via email @ <u>foodpantry@cumc.org</u> and a member of the O&M committee will be in touch.

Financial Donations: Currently, we are operating solely on donations, if you are interested in making a financial contribution, you can give by...

Going to the CUMC website: <u>www.cumc.org</u> locate the "Online Giving" tab towards the right-hand side. Donate by following the instructions under the heading "Online Donation". Make sure you annotate purpose "O&M CUMC Food Pantry" this will ensure those funds are used exclusively for our Food Pantry expenses.

Checks can be made payable to CUMC and dropped in the box located in the Narthex. Remember to reference "O&M CUMC Food Pantry" this will ensure those funds are used exclusively for our Food Pantry expenses.

Thank you for your continued support! Outreach & Missions Team