



# Be the change.

## Help change a life. Give blood.



**American  
Red Cross**

### **Blood Drive** **Colesville United** **Methodist Church**

**Social Hall**  
**52 Randolph Road**  
**Silver Spring, MD 20904**

**Thursday, October 9, 2025**  
**1:00 p.m. to 6:00 p.m.**

Register online at [www.redcrossblood.org](http://www.redcrossblood.org) and enter  
Sponsor Code: RandolphRdChurches or call 1-800-733-2767 to  
schedule your life saving donation!  
All blood types are needed as we get closer to winter!

Those who are O-, O+, A-, B- and meet eligibility criteria are encouraged to make  
a POWER RED donation! Eligibility concerns please call the  
Red Cross at 1-866-236-3276. Remember to bring a photo ID,  
eat a healthy breakfast/lunch and double up on your water intake.  
Eat foods high in iron and vitamin C one week in advance of your donation!  
Bring a friend to donate with you!

Contact Langston Smith at [ldsrcdoc@verizon.net](mailto:ldsrcdoc@verizon.net)  
or Shannon Crockett at [shannongcrockett@gmail.com](mailto:shannongcrockett@gmail.com)  
or [David.Hull@redcross.org](mailto:David.Hull@redcross.org) or call/text 240-676-9955 for more information!



Scan to be directed to  
RapidPass®

**Come to give blood Sept. 22-Oct. 19 for a \$10**  
**Amazon.com Gift Card by email! See [rcblood.org/fall](http://rcblood.org/fall)**



Scan to schedule  
an appointment.

1-800-RED CROSS | 1-800-733-2767 | [RedCrossBlood.org](http://RedCrossBlood.org) | Download the Blood Donor App

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